



Senator the Hon Richard Colbeck

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MEDIA RELEASE

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Support for headspace boosts youth mental health in West and North West Tasmania

Mental health care for young Australians is set for a \$51.8 million funding boost.

Tasmanian Liberal Senator Richard Colbeck said the Government's extra investment in the national network of headspace centres and the digital portal, eheadspace, means young people will have access to around 14,000 additional services nationally, shorter wait times and extra clinical staff.

"We want young people to know they are not alone on their journey, and that we're backing quality frontline support," Senator Colbeck said.

"Our support for headspace gives young Australians in West and North West Tasmania a single entry point to friendly primary care that includes early intervention services and support for physical and mental well-being."

"We know that when the night is darkest for young people, and perhaps support is physically far away, the ability to access help in a medium they are comfortable with could make all the difference."

"Our local headspace is based in Devonport and with this extra funding we will be able to extend their reach so they can support more young members of our community in need."

"Tasmania's three Headspace Centres in Devonport, Launceston and Hobart will together receive an extra \$752,174 under our Government's funding boost."

Around 560,000 children and adolescents are estimated to have mental illness, and one in four young Australians experience it in any given year.

Health Minister Greg Hunt said the Government understands the huge mental health challenge facing many Australians, particularly young Australians.

"We're committed to ensuring that Australians can get information, advice, understanding, counselling and treatment, when and where they need it," Minister Hunt said.

"Within our funding injection for headspace, \$39 million will go towards services and staff while \$12.8 million will ensure headspace National can continue to run eheadspace so young people can access support when they need it."

"The additional investment is on top of the \$95.7 million per year we have already committed to the 107 headspace centres running across the country."

headspace has increased the number of services it delivers from around 259,000 in 2014/15 to around 382,000 in 2017/18. Last year, approximately 33,800 young people accessed eheadspace.

“With an unprecedented \$4.7 billion investment being made in mental health this year alone, our funding boost will help headspace meet the increasing demands for their services, today and in coming years,” Minister Hunt said.

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